

METHODS OF PROF. DWYER

His Treatment Will Strengthen
the Weakest Mus-
cles.

POLICEMEN IN PRACTICE

Citizens Taught to Protect
Themselves From Foot-
pads.

Professor W. J. Dwyer is one of the most accomplished, all-around athletes in this country.

When he gets through putting Sergeant Forrest Bailey and Sergeant Jim Sowell through their stunts, they will be fully capable of giving to their fellow-men on the police force a physical culture course that will make of them perfect specimens of manhood.

The city fathers did not go amiss when they engaged Professor Dwyer to do the work. He is thorough and capable. A Times-Dispatch man and the artist went up to see the two policemen get thrown around by the professor. They not only enjoyed the work as it pro-



A Little Mixed Up—Quick
Action.

gressed, but caught tips by which in the course of ten or twelve years they hope to make of themselves Adonises in the arena of perfect physical manhood. Now they weigh ninety pounds each.

There is not a flaw in the physical make-up of the professor. He presents a picture that any artist would be glad to use in the construction of an Apollo. Sergeants Bailey and Sowell are not far behind him. They are not distressed about embonpoint. What little they started in with, is fast passing away. Their muscles are standing out like chips of marble. A blow from either one of them would almost have felled an ox months ago, and it would be a startling disclosure to say what they are capable of doing now.

TO DEVELOP THE MUSCLES.

The exercises through which Professor Dwyer is putting them are designed to develop all the muscles of the body, from the head to the toe. Particular attention is given the arms and hands and the chest.

With about two weeks' practice to their credit, the two policemen are made wonderful strides. They have gone



A Good Hold in a Fight.

through a lot to gain the result. It has been a rough and tumble job, because the professor has to scrap when it came to wrestling and boxing with Sowell and Bailey.

In the first place, when you call to see the professor, you meet one of the most pleasant young fellows imaginable. He gives you a handshake that is not at all crushing. The general outlines of his hands are those of a woman, and in his manners he is as gentle as one may wish.

The most startling part of the introduction is the extremely delectable fashion he leans to. His only costume is a pair of thin trousers and a pair of canvas slippers. You may observe a fine pair of shoulders, two well proportioned arms, and a pair of beautifully moulded legs. Around the room are pictures of himself and other noted athletes.

TEACHING POLICEMEN.

Professor Dwyer has been engaged by the city to train its policemen and its firemen. But he has other pupils. Society men, men from various walks of life, are taking physical culture lessons from him, and it is as fashionable now



Hard to Touch the Floor.

city fathers to put the policemen and firemen under his care for several weeks.

He is now giving them some very fine to be a pupil of Professor Dwyer as it is to play golf or row a boat.

Those who go into his hands come out

The Rate for Classified Want Advertising

is 1 cent per word Net Cash in
ADVANCE, with a minimum cost
of 25 cents for each insertion.
The same rate applies to deaths,
marriages, obituaries and all other
classified notices. No display type
allowed in the classified columns.

LOST AND FOUND.

LOST—LEFT AT 11:00 SATURDAY AFTER-
noon, Brown Marton FUR, Black, black
body of coat with 12 CHILDRESS, 425
Denny Street, Fulton, and receive reward.

HELP WANTED—Male.

A POSITION FOR INTELLIGENT YOUNG
man, who can keep books and write. Smith
Premier Typewriter Co., 111 E. Main Street,
Richmond, Va. Address E. V. W. care this
office.

ANY INTELLIGENT PERSON MAY EARN
good money by correspondence for newspaper
experience unnecessary. Send for particulars.
PHESS SYNDICATE, Lockport, N. Y.

MA O' HENIST—WANTED, TWO FIRST-
class men, who can keep books and write, to first
class men; none other need apply. Apply to
ALBEMARLE SOAPSTONE CO., Albemarle,
Va. Employment Department.

TWO DESIRABLE POSITIONS IN RICH-
mond for stenographers who operate Smith
Premier Typewriter. Good salary to thor-
oughly intelligent young men. THE SMITH
PREMIER TYPEWRITER CO., Employment
Department, 505 East Main Street.

WANTED, MEN TO LEARN BARBER
trade; eight weeks average time required;
wages \$2.00 per week; no experience neces-
sary; guaranteed when through. Illustrations
of cuttings mailed free. MOLLER'S HAIR CUT-
TING, 201 E. Main Street, New York City.

WANTED, EXPERIENCED REGISTERED
druggists; references and experience;
good position for right man. Address Box
425, Newport News, Va.

WANTED, AN EDUCATED GENTLEMAN,
conversant with the subscription book busi-
ness; responsible position; salary required.
Address R. 4, care this office.

WANTED, YOUNG MAN, SOME EXPERI-
ence in painting and rigging as helper. Ap-
ply SOUTHERN ADV. SIGN CO., etc.

SITUATION WANTED—Male

EMPLOYMENT IN SOME FIRST-CLASS
shop in Virginia by an experienced car-
riage and wagon wood worker; best of references
from Richmond employers. Address 1223
A. SCHAEFFER, 215 South Main Street, Raleigh,
N. C.

WANTED, POSITION BY REGISTERED
pharmacist. Address Mr. Thomas Hoge-
wood, Staunton, Va.

HELP WANTED—Female.

A GOOD POSITION IS NOW OPEN WITH
large contracting firm for settled woman of
experience in keeping books and can operate
Smith Premier Typewriter. Apply, with ref-
erences, to the SMITH PREMIER T. E.
WRITER CO., Employment Department, 505
East Main.

WANTED, AN EXPERIENCED COOK;
must have references. Apply between 5 and 9
o'clock A. M. at 105 N. Fifth Street.

SITUATION WANTED, Female

A LADY WITH A FIRST-CLASS CERTI-
ficate and of three years' experience desires a
position as a bookkeeper or stenographer in
reference. Address TEACHER, Box 5,
Madisonville, Va.

WANTED, POSITION BY A YOUNG LADY
experienced in stenography and bookkeeping.
Work, refer to Mr. Thomas Hoge-
wood, Staunton, Va.

BECAUSE WE SAVE YOU MONEY ON
signs accounts for the volume of business we
do in Richmond. THE SOUTHERN ADV. SIGN
CO., 111 E. Main. Phone 122.

REPAIRING, CLEANING AND PRESS.
ALL KINDS OF REPAIRING, CLEANING
and pressing done at short notice. L. BERN-
STEIN, 315 E. Main.

BARBER SHOPS.
THE ONLY UP-TO-DATE WHITE BARBER
Shop—hair cutting, shaving, etc., 101 East
Main Street.

CLEANING AND DYEING.
YOUR CLOTHES DONE PROPERLY. THE
SOUTHERN ADV. SIGN CO., 111 E. Main. Work
called for and delivered.

SIGNS, SIGNS, SIGNS.
DON'T HAVE CHEAP LOOKING COSTLY
signs, but get good signs cheap. See THE
SOUTHERN ADV. SIGN CO., 111 E. Main.
Phone 122.

BONDED STORAGE.
WE STORE ALL KINDS OF MERCHANDISE
at lowest rates. Address Mr. Thomas Hoge-
wood, Staunton, Va.

CALL AND BE CONVINCED—A FINE COL-
lection of original Antiques at low prices. L.
N. ARNOLD, 215 Brook Avenue.

MOORE'S ANTIQUES—A GREAT COLLEC-
tion. 1017-1019 Sumner Street, Manchester.

SIGNS, SIGNS, SIGNS.
DON'T BE REPRESENTED BY CHEAP
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merchants want good signs. See THE
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SIGNS, SIGNS, SIGNS.
WE HAVE ADDED TO OUR BUSINESS THE
most complete modern sign shop in the
South. The very best at dollars saved. THE
SOUTHERN ADV. SIGN CO., 111 E. Main.
Phone 122.

PUMBLING.
WHEN YOU CONTRACT WITH US FOR
plumbing, we guarantee you will be satisfied.
We are sure it's done right; also agents for
celebrated Kelley Hot Air Furnaces and
"come Rain or Shine." E. ALTON & Co., 10
Governor Street.

new men, and that's what prompted the
points in the art of self-protection, de-
fense and offense, with the idea that a
sudden assault by a prisoner or attaché
in a street fight may be effectively met
without resort to club or pistol. The
average citizen, however, is not a fighter,
and the police officers and various other trick
guys are being taught.

These movements are, also, specially
valuable to the citizen, who may at any
time be set upon by footpad or hold-
up man or burglar in the house.

When the police sergeants have taken
a complete course, they will in turn give
instructions to the other men on the force.
About four weeks is considered a
complete course in physical culture.

Professor Dwyer has been engaged by
the city to train its policemen and its
firemen. But he has other pupils. Society
men, men from various walks of life,
are taking physical culture lessons from
him, and it is as fashionable now

through a lot to gain the result. It has
been a rough and tumble job, because the
professor has to scrap when it came to
wrestling and boxing with Sowell and
Bailey.

In the first place, when you call to
see the professor, you meet one of the
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He gives you a handshake that is not at
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The most startling part of the intro-
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TEACHING POLICEMEN.

The Buyer, The Seller, The Loser, The Finder, The Merchant, The Trader, and All Those Who Have Bar- gains to Offer, Meet in a Page of Tee-Dee Wants

BOARDING.

GRACE W. 317—BOARDERS WANTED;
well furnished rooms, first and second floors,
bath, steam heated, throughout, bath, hot
and cold water; good table; also room for
transients; 317 West Grace Street.

618 N. EIGHTH—BRIGHT ROOMS, SINGLE
or double; good table.

ROOMS FOR RENT.

NICELY FURNISHED ROOMS WITH
bath, can be obtained at 317 West Grace Street;
excellent fare; also stable for rent.
Employment Department.

WANTED, A GENTLEMAN OCCUPANT FOR
two handsome third-story rooms, near Jefferson
Hotel, with private bath. Address E. V.
W. care this office.

FOR RENT—FRONT ROOM AND HALL
room, furnished. Apply at 509 E. Leigh St.

REAL ESTATE—For Sale.

WILL SELL CHEAP, A NICE 50-FOOT LOT
in Barton Heights, on Barton Avenue,
between Roberts and House Streets.
Address G. 242 E. Marshall Street.

FOR SALE OR RENT—HOTEL SOUTHERN;
elegant furnished; good patronage, healthy
location, mineral springs, tennis courts, etc.
Apply H. B. SOUTHERN, Southern Rail-
way, Boylston, Va.

REAL ESTATE—For Rent.

FOR RENT—MILL, STOREHOUSE, REAL
estate, etc., or will do same with shares with
a competent man. Address E. G. G. Roston,
Va.

REAL ESTATE WANTED.

LIST YOUR FARM WITH ME. I SELL MORE
farms than any other dealer in Virginia.
Address Mr. Thomas Hoge-wood, Staunton,
Richmond, Va., and Farmville, Va.

FLATS FOR RENT.

FOR RENT—A DESIRABLE BASEMENT
floor of four rooms (at least level), conveni-
ently arranged for any one desiring table
boarders. 510 East Leigh.

FLATS WANTED.

WANTED, BY GENTLEMAN AND WIFE,
a flat or suite of rooms, furnished or un-
furnished, located between Broad and Main
streets, or near City Hall. References ex-
changed. Address Box 424.

SHOE-ODOGY.

DO YOU FEEL A LUMP IN THE BOTTOM
of your shoe? It is caused by the filling
between the sole shifting and settling be-
tween the toes. When we repair shoes we take
out that stuff and stick in a new sole. It
fills in the space, and stick in a sole together
with rubber cement, putting the shoe back
and better than any hand can make. No
nails, no pins, no joint to leak. Men's whole-
sole; ladies' whole-sole; first class and any-
thing. DREW'S ELECTRIC SHOE FAC-
TORY, 115 East Main.

SIGNS, SIGNS, SIGNS.

DON'T REPAIR YOUR SIGNS? THEN
stop wasting your face; both are representa-
tives of your business. THE SOUTHERN
ADVERTISING SIGN CO., 111 E. Main.
Phone 122.

WOOD AND WOOD.

YOU KNOW E. T. LONG, 60 WEST CLAY,
is selling North Carolina Hosiery. Now
we are at 223 E. Main. One never
never failed. All kinds of coal at almost
cost. Phone 1068.

BONDED STORAGE.

STORAGE PLACED WITH US EQUAL
to government bonds in bank. RICHMOND
MERCHANDISE & TRADING CO., 8 South
Fourth Street.

WANTED.

WANTED, YOU TO SAVE MONEY—SAVED
my money in Richmond. Address Mr. Thomas
Hoge-wood, Staunton, Va.

BONDED STORAGE, WE STORE ALL
kinds of merchandise. RICHMOND MER-
CHANDISE & TRADING CO., 8 South
Fourth Street.

WANTED, TO BORROW \$1,000, SECURED
by deed of trust. Address "IMMEDIATELY,"
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NOTICE.

REMOVAL NOTICE.
Grateful to my friends and patrons for their
patronage the past thirty-three years I ask
a continuance at my new place, 111 E. Main.
J. M. KOLTING, Phone 478.

WE GIVE BOND FOR FULL VALUE OF
goods stored in storage. RICHMOND MER-
CHANDISE & TRADING CO., 8 South Four-
teenth Street.

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DOES YOUR ROOF LEAK? CALL UP ARM-
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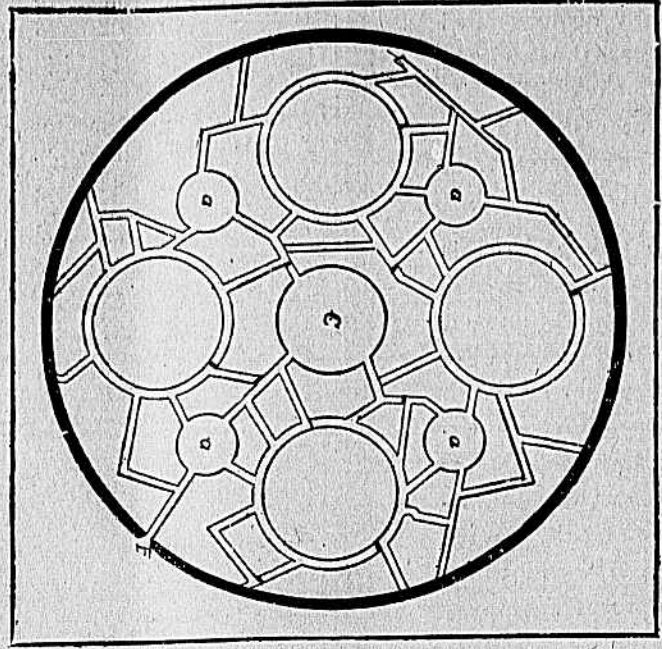
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CAN YOU MAKE YOUR WAY OUT OF THE CIRCLE C TO EXIT E WITHOUT
GOING THROUGH ANY ONE OF THE LITTLE CIRCLES A?

FULTON

If you have anything to
sell or exchange, take your
ad to the People's Drug
Store, 3900 Williamsburg
Ave., Branch Times-Dis-
patch.

25 words for 25c.

Barton Heights Branch.

Leave your Want Ads.
at Rady's Drugstore; they
will be forwarded prompt-
ly.

25 words for 25c.

MANCHESTER'S PROPER BUSINESS HOUSES

MORRIS CHAIRS, FANCY ROCKERS,
ladies' desks, great variety, at DAPFON'S,
Sixteenth and Hull.

CARPETS, RUGS, DRUGGETS; BOTTOM
price DAPFON'S, Sixteenth and Hull.

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